

1. Broad Schedule of testing is as under:

Sr No		Time	Remark
1	Reporting Time	0730 hrs	To be accompanied by at least one parent. Please do not arrive before time.
2	Documentation Check	0730-0800 hrs	Domicile Certificate
			Class 10th certificate
			Class 12th Mark sheet/ proof of appearing in 2019(Admit Card) Adhaar card or valid identity
3	Height /Weight Check	0800-0830 hrs	
4	Physical Test	0830-1000 hrs	You are advised to bring suitable track suit and running shoes. Having light breakfast is advisable
	(a) 400 mtr run		
	(b) Sit ups		
	(c) Push ups		
5	Break	1000-1030 hrs	For change of dress
6	Psychometric Test	1030-1130 hrs	
7	Interview	1130-1530 hrs	
8	Declaration of results.	1630 hrs	Those shortlisted will be required to proceed for laboratory samples at 1630 hrs and report again on the following day for medical examination at 0815 hrs

2. Physical Standard Chart:-

Sr. No.	HEIGHT (cm)	WEIGHT (Kg)	
		16-18 yrs	18-20 yrs
1	153	40.5	42
2	155	42	43
3	158	43	45
4	160	45	46
5	163	46	47.5
6	165	47.5	49
7	168	49	50
8	170	50	51
9	173	52	53

3. Separate seating arrangements will be made for parents. Parents may leave after dropping their daughter/ward and return in the evening or even stay within the Institute. Parents are requested to stay away from testing areas and remain confined to the allotted space. Any interference in testing area may render the ward ineligible.
4. Candidates who are finally selected to join Mai Bhago Armed Forces Preparatory Institute for Girls will be required to join only MCM DAV College. They will have the options for BA / BSc (Non Med)/ BCom. Any candidate wishing to pursue BSc (Non Med)/ B.Com should attend the Punjab University counselling as per their announcement and secure a seat in PU merit list for MCM DAV College. For clarification on admission you may call on Mob No. 9988490882.
5. For any queries/clarifications on stage IV procedure please call M/s Sakshi Sharma 9914880623.

NOTE:-All candidates desirous of Pursuing B.Com/Bsc. non medical are advised to register online on the Punjab University site (pucho.ac.in) beginning 01 June since admissions to these courses is through centralized counselling on order of merit only.